

After Care Instructions

***Please call or text me if you have any questions – Crystal Quattrone 251-490-8988**

Basic Do Nots

NO tanning beds for at least 24 hours.

Waxing it exfoliates the area and removes all the dead skin that provides a layer of protection from sunburn. You should give your skin at least 24 hours to 48 hours to regenerate its protection. **This one is NOT optional!**

DO NOT touch the waxed area for at least 6 hours.

Directly after waxing, your hair follicle is left open. This makes it susceptible to get an infection from touch. Fingernails are the biggest carrier of germs. If germs get into your open hair follicle it can cause irritation, and in extreme cases, infection.

DO NOT have intimate contact in the waxed area for at least 6 hours.

This can be a judgment call by you, but, rubbing and perspiration can cause irritation. This will be more of an issue after your first wax. If you get waxed on a regular basis irritation will be less likely.

NO super tight clothing for 4 hours.

Rubbing of super tight clothing can cause irritation. If this happens, wear looser clothing until the irritation subsides.

NO heavy exercising for at least 24 hours.

Rubbing and perspiration can cause irritation. If you exercise, perspiration will enter the open hair follicle and irritate the area. Give it a day or so before resuming your exercise routine.

NO hot shower or bath for at least 6 hours.

After waxing the follicle is left open. This makes it susceptible for bacteria to enter during a shower/bath and can cause irritate. Once your follicles close you can return to your normal bathing routine.

Frequently Asked Questions

- **How long will my Brazilian wax last?**
Your wax should last between 2 to 3 weeks before you see any hair growth. You may see hair growth a little sooner after your 1st wax due to the hair growth cycles. This is because your hair was growing in many different growth cycles before you got waxed. These cycles change when you get waxed regularly and allow for longer time periods between waxes.
- **How long will it take for the redness to go away?**
The redness after a Brazilian wax should go away in a few hours, but, may last up to a few days depending on how sensitive your skin is. This is all based on your skin type. Customers with sensitive skin will stay red longer than customers without sensitive skin. If the waxed area is irritated, make sure you re-read and listen to the “DO NOT” section above.
- **I have little white dots that look like whiteheads. What is that?**
That is your body's defense mechanism reacting to the hair follicle being removed. It is a common occurrences and should subside in a day or so. This actually means your hair has been removed directly from the root and will not re-grow for a long time. Some people get these white dots but most don't. This shouldn't happen on your 2nd waxing as your body adjusts.
- **Should I shave in between appointments?**
No. Shaving can cause the hair to grow thicker and can cause ingrown hairs. Waxing changes, the structure of the hair, causing the hair to grow back softer & finer. Regular waxing & proper maintenance ensures soft skin, fine hair, and less ingrown hairs.
- **When should I come back for my next appointment?**
To properly maintain your Brazilian wax, appointments are recommended between 4 to 5 weeks.
- **Will my 2nd Brazilian be easier then my first?**
Yes, there will be considerably less hair that grows back weaker & finer. This combination creates a easier waxing experience.
- **Will my 2nd Brazilian last longer then my first one?**
Yes, due to your hair growth cycles, your second and third Brazilian wax will last up to a week longer before any hair grows back. The more you get waxed the easier it gets and the longer it lasts.
- **I feel little tiny hairs after my waxing. What is that?**
The first stage of hair growth is the ANAGEN (growth) phase, that is hair right below the skin getting ready to come up. If you feel any hair above the skin, this is what you are feeling. This hair was not able to be removed because it was NOT above the skin yet. This will minimize and be eliminated after additional waxes.